



— mentorship —

A mentor is invaluable to anyone who cares about his or her career and aspires to learn, regardless of the field.

Why mentoring is important?

Studying someone who is accomplished, experienced, and wise in a field or subject you want to excel in will not just help you reach your career goals but also teach you about the world and about yourself.

- A mentor serves as a role model.
- A mentor is a sounding board.
- A mentor will believe in you.
- A mentor may open up opportunities.

Benefits of being a mentor

One of the best ways to give back to your business and community -- and hone your own leadership skills, is to become a mentor yourself. Even if you're in an entry-level job, you still may have experience and knowledge to pass on to someone else.

- Being a role model helps your performance.
- Mentoring keeps you fresh.
- Mentoring hones your leadership skills.
- Mentoring allows you to develop coaching skills.

How to get the most out of your relationship

Once you find your mentor, you want to get the most out of the relationship without abusing it or running off course.

- Set and observe goals.
- Use time wisely.
- Use technology.
- Remember it's a two-way street.

[#WOMENINHVACR](#) • [WOMENINHVACR.ORG](#)

FIND A MENTOR



BE A MENTOR